Choosing to be a Leader

“Once my son Ethan started seeing Brian (Clinician at CFS), I noticed how he did a complete 180 with his behavior and attitude. I have noticed that he is no longer as anxious or stressed as he was before he started counseling. Ethan looks forward to seeing Brian every time. Ethan is now able to see the difference between right and wrong. He has been ignoring his peers’ negative behavior and is now able to listen to his teachers and do the right things in class. His teachers have said that the change in him is phenomenal. Ethan now looks forward to going to school and it shows in the positive changes he has made in his behavior. As his mother, I am so proud of the changes Ethan has made throughout this time and I am extremely grateful for all work that Brian has done with my son!

Sincerely,
Michelle

We asked Ethan...

What were you struggling with?
“Not doing my work, not listening to teachers, fooling around, and being a follower not a leader.”

How did your therapist help you?
“He explained what is right and wrong and how I can improve my behavior. He helped me set goals and follow through with them. I now respect my teachers and I ignore my friends’ negative behaviors in school.”

What worked well?
“Seeing my therapist every week helped with my stress and anxiety and helped me cope with stuff in school.”

What did the therapist do well?
“He helped me make better choices and taught me to be a leader not a follower. He helped me with my behavior.”

What changes have you made?
“I have been respectful to teachers by doing my work and ignoring my friends’ negative behaviors. I have been making the right choices.”

How do you feel when you see your therapist Brian?
“My anxiety goes away. He makes me realize what is right and wrong and I’m able to do the right thing. Coming here helps me open-up and talk about my feelings.”
Welcoming a New Program & Staff

New to CFS is our **Coordinated Care Network (CCN) Behavioral Health Community Partner Program** along with its Program Director, Jane Bergeron, overseeing 16 new employees with the intent to grow during the next five years. We are extremely excited for this new addition to our many already established programs here at CFS. Welcome Jane and staff!

Tell us a little about yourself!
I began my experience as a therapist working with folks who struggle with homelessness, and with male juvenile offenders. Since then I spent some time as a Director for a Therapeutic Mentoring agency. I just came to Child & Family Services from my position as a Network Manager with a Managed Care Entity/ MBHP. I have worked in collaboration with Child & Family Services for almost 10 years, and am truly excited to be here now working at such a conscientious and caring organization. In my spare time, I love being in nature, meditating, spending time with my family & friends, and volunteering with rescued horses and wolves.

Could you briefly describe what your program is about?
We will be working in collaboration with enrollees elected by MassHealth or Accountable Care Organizations (ACOs) who have complex long-term and/or behavioral health needs to improve their health outcomes. We will collaborate with each enrollee, family members, natural supports, clinic/hospital/specialty providers and staff, and community resources in a team approach to identify the enrollees’ needs, develop a person-centered treatment plan, and coordinate supports and services to assist the enrollee with obtaining their identified goals. We will also actively participate in coordination and follow up when an enrollee transitions from another level of care, along with provision of med reconciliation.

Why is your program important?
Our program serves folks who, by history, have difficulty engaging with services, providers, and even natural supports. The most important purpose we serve is connecting to folks who are in need of assistance, whom have difficulties with trust and/or connecting to people, given past traumatic experiences or complex medical/behavioral health challenges, and getting them the help they very much need.

Are there any challenges that your program faces/will face?
The largest challenge I foresee us facing is locating the enrollees we will be working with, based on the minimal information we will have. We do, however, have an energetic, passionate team with varied experiences. I am completely confident that we will find and help as many people as we can!

Is there anything new going on or newsworthy information that you can share about your program?
Our go live date is July 1st. We are very excited to get out there and start helping people!

Learn more about **CCN** at: [https://child-familyservices.org/coordinated-care-network-ccn/](https://child-familyservices.org/coordinated-care-network-ccn/)
Giving that Gives Back

Each and every day we are filled with news about violence and trauma. We hear about the children in foster care that need a permanent home. It is easy to feel helpless. But what about if you can make a difference?

With as little as just $0.83 a day as an option with our Monthly Giving Program. By choosing to become a monthly donor, you will be part of our exclusive 365 Society, investing in the work that we do 365 days a year. Your contribution will have a meaningful impact on the children and families that receive crucial services from us each and every day. All funds received through our Monthly Giving Program will go directly to support the work we do to heal lives.

With your charitable monthly donation, you are choosing to make a remarkable difference. Your ongoing support will not only bring Hope, but will Help, Heal and Strengthen the lives of children and families. It is a simple, quick process that you’ll only need to do once. No more checks, stamps and paper communication, just one form online and then a year-end tax deductible statement will be sent to you, our generous donor.

We have 3 giving levels to choose from:

**Help:** $25 ($0.83/day) purchases new bedding for 2 children at our Community Based Acute Treatment Program

**Strengthen:** $50 ($1.66/day) provides group therapy to a child traumatized by violence

**Heal:** $100 ($3.33/day) assesses the readiness of a child currently in foster care to be placed with an adoptive family

https://child-familyservices.org/monthly-giving-program/

Sign up Today!
Community Based Acute Treatment (CBAT) Wish List

* Board games (Sorry, Candyland, Trouble)
* Decks of cards
* Gimp
* Popcorn maker
* Blender
* Dolls and a doll house
* Monster trucks
* Play Doh
* Craft beads
* Socks and underwear for children ages 4-18

All items can be dropped off to the Development Department located at 3057 Acushnet Ave, New Bedford, MA 02745. Thank you!