Reserve your free seats at the Circus!
Friday May 5th at 3:30 pm
Eastern States Coliseum, Springfield

To receive FREE seats for your family:
Mail the registration slip below with a stamped self-addressed envelope to:
Adoption Journeys, PO Box 60006, Florence, MA 01062

Send your registration by April 3rd to reserve your seats. No requests accepted after April 3rd. NO EXCEPTIONS.

*Please note, there are clowns, large animal acts, and loud noises at this circus.*

Tickets will be mailed (using your envelope) to your home in late April.
Please note that parking is $5.00

Important: These tickets are available only to household members of Adoption Journeys families. Reservations will be confirmed by email.

---

Circus Registration

Family Name: _______________________________ Total number of tickets requested: _____________

Contact daytime phone  _________________________________________

Names and ages of everyone attending. (Can add names on back.)

1. ________________________________
2. ________________________________
3. ________________________________
4. ________________________________
5. ________________________________
6. ________________________________

**Remember!**
You must enclose a stamped self-addressed envelope to receive your tickets!!

Adoption Journeys 413-320-4680  lmintz@cfservices.org
Adoptive Parent Support Group at the Family Resource Center

Support for adoptive parents in the Berkshires. Facilitated discussion for parents to build connections and find support. Come share the triumphs and trials of parenting.

Ongoing group. Join anytime.
Meets monthly
on the second Thursday through May
7:00-8:30 p.m.
480 West Street, Pittsfield.

Facilitator Claudia Coplan, LICSW
Claudia brings 30+ years of experience working with families in the world of adoption and foster care as a clinical social worker based in the Berkshires.

Contact Adoption Journeys directly to register for this parent group in Pittsfield.

Family Game Night
First Fridays in April and May
FREE, 6:00-8:00 p.m.

Open to all ages! Children must be accompanied by an adult.

Dinner included!
April 7th, and May 5th

This event is generously offered free of charge by the Family Resource Center located at the Berkshire Children and Families office.

480 West Street, Pittsfield

RSVP directly to Adoption Journeys so we know who and how many to expect.

lmintz@cfservices.org or 413-320-4680
Join us for a special screening of

**Screenagers: Growing up in the Digital Age**

Watch the trailer: www.screenagersmovie.com

Tuesday, March 28th
7:00 p.m. at Whitebrook Middle School, Easthampton
Open to the Public - FREE

Followed by community discussion with local panelists. Parents and students grades 5-12 are all welcome to attend!

This 1-hour documentary probes the struggle over social media, video games, academics and internet addiction. The film reveals how tech time impacts kids’ development and offers solutions on how adults can empower kids to navigate the digital world and find balance.

Presented by the Easthampton Healthy Youth Coalition in partnership with the Easthampton Public School District and other collaborators.

Join us for TWO special screenings of

**Resilience**

The Biology of Stress & the Science of Hope
Watch the trailer: [http://kpjrfilms.co/resilience/](http://kpjrfilms.co/resilience/)

Wednesday, May 10th
7:00 p.m. at Amherst Cinema
Panelists will include Maya Rege-Colt, LICSW from Adoption Journeys
Advance tickets available at www.amherstcinema.org

Wednesday, April 5th
8:00 a.m.-noon at the Greenfield Garden Cinemas
Registration is required, and seating is limited. Email Lydia Lockwood at LLockwood@csoinc.org to register.

Both community events will be followed by panel discussions. Please let us know if you plan to attend, and we will look for you and plan to sit together. This film chronicles a new movement among pediatricians, therapists, educators and communities, who are using cutting-edge brain science to disrupt cycles of violence, addiction and disease. Geared towards adults.
Do you have a child who joined your family at age 10 or older?

Please join us for an evening just for parents with Advocate, Educator, and Parent, Kim Stevens who will lead a conversation about the challenges that arise in adjusting to parenting a child adopted at an older stage of development.

Wednesday, April 5th
Adoption Journeys Florence office, 140 Pine Street
6:30-8:30 p.m.
(light refreshments)

Adoption Journeys is happy to offer an evening of conversation with Kim Stevens, parent of many children, including some adopted at older ages, and who is currently the Project Director of Advocates for Families First at NACAC (North American Council on Adoptable Children). A longtime friend to Adoption Journeys, Kim was an early advocate for post-adoption services in Massachusetts and continues to be a fierce advocate for children.

We invite parents whose children joined their family at age 10 or older to join us. Please RSVP to lmintz@cfservices.org or 413-320-4680.

Adoption Journeys Creative Writing Group
For Adopted Youth, Ages 12-16
A 6-Session Workshop, Tuesday evenings
Spring session starts April 4th in Florence

In this 6-session creative writing series, participants can experiment with stories, poems, letters, songs, or illustrations that speak from their individual voices and inner lives. (Note: sharing your writing is always optional.) Please call Adoption Journeys to register or ask us for more information. Group size is limited! Fee $30.

Facilitator: Jennifer Delozier, M.Ed. Teacher, writing instructor, & adoptive parent.
Please contact our office if you would like to learn more or sign up!

Adoption Journeys 413-320-4680 lmintz@cfservices.org
Adopted Teens from Northfield Mount Hermon School seek... Pen Pals, age 7-14, to exchange LETTERS!

A high school group of adopted teens from Northfield Mount Hermon (NMH) invite adoptees age 7-14 to be Pen Pals! In an age where everything is digital, paper letters in the mail are still very exciting to receive. These high school students aim to exchange monthly letters this year and next year and perhaps beyond. Even if your child does not share much about their adoption identity now, this could be a fun experience to just connect with older students who are also adopted. High school participants in the project are guided by two NMH faculty members who are adoption sensitive, ensuring that any difficult subjects are handled thoughtfully. The group meets monthly at NMH to monitor and discuss the program.

To get involved, the first step is to be in touch with the NMH student liaison, Chianna Cohen, to share a little about your child and receive a bio of the prospective teen Pen Pal for your student. (Pen Pals can be directly available to parents throughout the program if needed.)

Please note that this is an NMH project, not an Adoption Journeys program.

If you would like to know how to get started, please contact Chianna Cohen at NMH: ecohen18@nmhschool.org

You also can contact the faculty advisors for the Pen Pal Program:
Atta Kurzmann, Coordinator of Service Learning: akurzmann@nmhschool.org
Martha Neubert, Dean of Diversity, Equity, and Social Justice: mneubert@nmhschool.org

---

**Ongoing Adoption Journeys**

**Discussion Nights for Dads**

7:00-8:00 p.m.
One Wednesday a month through May

Group open to all adoptive fathers.
Location: 140 Pine Street, Florence

Facilitated by David Scherer, Ph.D.
UMass Psychology Professor
and Adoptive Parent

To register,
please email or call Adoption Journeys.

---

**Ongoing Adoption Journeys**

**Single Parent Support Group**

6:00-7:30 p.m.
Every Second Thursday through May

Childcare offered
Group open to all single adoptive parents.
Location: 140 Pine Street, Florence

Facilitated by Rebecca Bryer
Adoption Professional and Adoptive Parent

To register,
please email or call Adoption Journeys.
If you are interested in participating in any of the programming below, please contact us to receive more information regarding times and locations.

**Groups for Parents**

**Single Parent Support Group** - **Florence**. This group meets on the Second Thursday evening monthly and is specifically for those parenting as a single. On-site childcare is available. Call to register and for more info.

**Men’s Discussion Group** - **Florence**. This group runs one Wednesday evening a month. Fathers only. Get involved with a great group of dads. Call us to register and for more info.


**Parents of children of any age** - **Amherst**. Support and discussion related to parenting children of any age. Meets two evenings monthly, concurrent w/ teen girls group. Ongoing group. Join anytime. Thursday eves. Contact us for dates or more info.

**Parents of children of any age** - **West Springfield**. Support for adoptive parents in the Springfield area raising children of any age. On-site childcare is available. Meets monthly on the fourth Monday. Call for dates and details.

**Parents of Children with Histories of Attachment Trauma (P-CHAT)**

Northampton Meets every other month Sept.-June. A group specifically for parents raising children with Reactive Attachment Disorder. Please call for pre-group screening and details.

**Groups for Teens**

**Adolescent Girls Adoption Group (age 13-17)** - **Amherst**. A great opportunity for girls to explore issues of identity, adoption and adolescence in a supportive environment. Pre-group screening required. Meets Thursday nights, twice monthly. Call now to let us know your interest in our next session starting in the fall.

**Teen Activities for 9th-12th graders**. A chance for adopted teens to connect with other adopted teens doing a variety of social activities. Contact the office to get on our list.

To participate in any of our groups, please call or email the Adoption Journeys office to register.
Do you know about the Family Resource Center Near You? **www.frcma.org.**

These are newly-funded resources in our community that offer a broad array of support at no cost. Check into the Family Resource Center closest to you to see if they have events or resources that are a fit for your needs.

Amherst **413-549-0297**
**The Bridge Family Resource Center, 101 University Avenue, Suite A3**

Greenfield **413-475-1555**
**Community Action Family Center, 90 Federal Street**

Pittsfield **413-442-5933**
**Family Resource Center, Berkshire Children and Families, 480 West Street**

Springfield **413-733-7699**
**The Springfield Family Support Programs, Family Resource Center, 18 Gaucher Street**

North Adams **413-663-7588**
**The Family Place, 61 Main Street**

---

Check out this terrific lineup of parent trainings offered by the Center for Adoption Support and Education in the comfort of your own home!

The Center for Adoption Support and Education (CASE) offers a series of monthly parent webinars that are extremely valuable and available **FREE** or at low cost. [Please click here](http://www.adoptionsupport.org) or go to [www.adoptionsupport.org](http://www.adoptionsupport.org) and use the Education and Resources tab to find the webinar series.

### SPRING 2017

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
<th>Speaker(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jan. 26</td>
<td>Social Skills for Children and Adolescents: Practical evidence-based strategies from the CAAT PEERS® Program</td>
<td>Hope Black, MSW, Co-director, Center for Assessment and Treatment (CAAT)</td>
</tr>
<tr>
<td>Feb. 16</td>
<td>Going the Extra Mile: Launching Teens and Young Adults with Special Needs</td>
<td>Debbie Riley, LCMFT, C.A.S.E. CEO</td>
</tr>
<tr>
<td>March 21</td>
<td>Parenting Sexually Abused Children</td>
<td>Mary Jo Barrett, MSW, Executive Director, Center for Contextual Change</td>
</tr>
<tr>
<td>April 20</td>
<td>Why and When to Address Racial Identity: Parenting Tasks in Transracial Adoptive Families</td>
<td>Dr. Joseph Crumbley, LCSW, Private Practice</td>
</tr>
<tr>
<td>May 18</td>
<td>What is Attachment-based Parenting?</td>
<td>Penny Zimmerman, LCSW-C, C.A.S.E. Adoption-competent Therapist and Intake Coordinator</td>
</tr>
<tr>
<td>June 15</td>
<td>We are still Family: Supporting Relationships Between Separated Siblings</td>
<td>Liz Emen, LCPC, C.A.S.E. Adoption-competent Therapist</td>
</tr>
</tbody>
</table>

---

Adoption Journeys 413-320-4680  lmintz@cfservices.org
Adoption Journeys Newsletter
A seasonal update of our programming for adoptive families living in Western Massachusetts

- Tickets to the Shriner’s Circus available at no cost
- Family Game Nights in Pittsfield
- New Resources in your community for families
- Local films you will NOT want to miss
- Writers Group for Youth
- Pen Pals for kids age 7-14
- Group for Fathers continues monthly
- Group for Single Parents continues monthly