HISTORY & OVERVIEW

Child & Family Services has been servicing the community since 1843. We are a comprehensive agency offering a wide range of counseling and community support services. These include specialty clinics, individual, group and family therapy, psychological testing, psychiatric consultation, adoption services and community youth support.

Child & Family Services’ commitment is to serve the community with the highest respect and professionalism.

IN-HOME THERAPY

CONTACT INFORMATION

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Child & Family Services’ mission is “...to heal and strengthen the lives of children and families.”
IN-HOME THERAPY

In-Home Therapy is a structured, strength-based therapeutic relationship between a clinician and the youth and family for the purpose of treating the youth’s behavioral needs. The goal also includes improving the family’s ability to provide effective support for the youth to promote his/her healthy functioning within the family.

The In-Home Therapy team develops a treatment plan and works with the entire family, or a subset of the family, to implement focused interventions and behavioral techniques to:

- Enhance problem solving
- Set limits
- Implement a safety plan
- Build skills to strengthen the family
- Improve patterns of interaction
- Identify & utilize community resources.
- Develop and maintain natural supports for the youth and parent/caregiver

SERVICES

**Crisis Stabilization/Assessment**
Helps the family to stabilize the youth within the home. Provides ongoing assessment to determine appropriate treatment.

**Symptom Management**
Assists the youth and the family with understanding the nature of their problems, recognizing symptoms, and how using medication correctly plays a role in recovery.

**Parent Skills Training**
Assists families in resolving conflicts and further developing problem-solving skills.

**Socialization Skills**
Assists the youth and the family with improving interpersonal skills and linking them to recreational and self-help opportunities.

**Service Coordination**
Works with the family and providers to ensure that treatment for behavioral health problems is coordinated with care for other illnesses.

THERAPEUTIC TRAINING & SUPPORT

Therapeutic Training & Support is a service provided by a paraprofessional to assist the youth and family in achieving the goals of their treatment plan.

This service includes teaching the youth to understand, interpret, manage and control feelings and emotional responses to situations and to assist the family to address the youth’s emotional and mental health needs.