HISTORY & OVERVIEW

Child & Family Services has been servicing the community since 1843. We are a comprehensive agency offering a wide range of counseling and community support services. These include specialty clinics, individual, group and family therapy, psychological testing, psychiatric consultation, adoption services and community youth support.

Child & Family Services’ commitment is to serve the community of the lower Cape with the highest respect and professionalism.

CONTACT INFORMATION

CHILD & FAMILY SERVICES
LOWER CAPE COD OUTREACH OFFICE
466 MAIN STREET, #4
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LOWER CAPE COD

Child & Family Services’ mission is “...to heal and strengthen the lives of children and families.”

WWW.CHILD-FAMILYSERVICES.ORG
WE’RE HERE FOR YOU

We all need somebody to lean on.

- The Temptations

Sometimes, it’s not so easy growing up. And sometimes, it’s not so easy being a parent. Every child experiences emotional “growing pains”. Every parent has moments of doubt. If these “growing pains” are so painful that they are interfering with your child’s ability to do his or her best at home and at school, and if these moments of doubt turn into sleepless nights for you, we can help.

Lean on me, when you’re not strong…

If your physical body is not well, you seek help. You go to your doctor. It is equally important to seek help when you, or your child’s, emotional well-being is in jeopardy. And just like with your physical symptoms, the sooner you seek help for emotional disease, the sooner you will start to feel better.

We’ll help you cope
We’ll help you carry on…

CLINIC-BASED SERVICES

We offer assessment and treatment of a wide range of mental, emotional and behavioral health issues, including:

- Abuse
- Adoptive Families
- Alcoholism and Substance Abuse
- Anxiety
- Blended Step Families
- Child Development Issues
- Compulsive Behaviors such as Gambling
- Couple/Marital Issues
- Depression
- Divorce
- Fears and Phobias
- Gender and Sexual Orientation Issues
- Grief and Loss
- Parenting Concerns
- Trauma

We have expertise in dealing with issues affecting children, teens, adults and seniors as well as those with special needs.

SCHOOL-BASED SERVICES

Working with children in the schools to remove emotional barriers to academic achievement, our clinicians work with children on a one-to-one basis, as well as in small groups or, in collaboration with school personnel, provide school wide programming on a variety of mental health issues. We offer training and workshops to school staff as well as PTO and other parent groups.

IN-HOME THERAPY

Structured, strength-based therapeutic relationship between a clinician and the youth and family to improve behavior and the family’s ability to provide effective support for the youth to promote his/her healthy functioning within the community.

THERAPEUTIC MENTORING

Offers structured one-to-one, strength- based support services to youth under the age or 21, for the purpose of addressing daily living, social, and communication needs.

CHILD & FAMILY SERVICES