HISTORY & OVERVIEW

Child & Family Services has been serving the community since 1843. We are a comprehensive agency offering a wide range of counseling and community support services. These include specialty clinics, individual, group and family therapy, psychological testing, psychiatric consultation, adoption services and community youth support.

Child & Family Services’ commitment is to serve the community with the highest respect and professionalism.

THERAPEUTIC MENTORING

Child & Family Services’ mission is “...to heal and strengthen the lives of children and families.”
Therapeutic Mentoring offers structured one-to-one, strength-based support services to youth (under the age of 21) for the purpose of addressing daily living, social, and communication needs.

The services are provided in any setting where the youth resides, such as the home (including foster homes) and in any community settings such as schools, child care centers and respite settings.

The Therapeutic Mentor engages the youth in activities in the community that are designed to address one or more goals on a youth’s existing outpatient or In-Home Therapy treatment plan or on an existing Individual Care Plan (ICP).

Services provided include:
- Coaching, supporting and training the youth in age appropriate behavior
- Interpersonal communication
- Conflict resolution
- Problem solving
- Anger management
- Social skills

These linkages may include, but are not limited to:
- Boys and Girls Clubs
- YMCAs
- Town residential programs
- Faith communities
- After school programs
- Health and wellness programs
- Job training
- Tutoring

ELIGIBILITY
Contracted with most BHCA (Behavioral Health Services for Children & Adolescents) and commercial insurance providers

WHO MAY REFER
Outpatient Providers
Intensive Care Coordinators (ICC)
In-Home Therapy (IHT)